# SAMPLE PHYSICIAN APPEAL LETTER FOR PROMETHEUS™ Thiopurine Metabolites

(Please edit appropriately based on your patient's medical history and treatment experience.)

<DATE>

John Smith, Medical Director Red Cross Red Shield P.O. Box 12345 Los Angeles, CA 90060

Dear Dr. Smith:

I am writing to appeal your decision about medical coverage for the PROMETHEUS™ Thiopurine Metabolites serology test for my patient, Jane Doe. I am Ms. Doe's gastroenterologist practicing at Sunnyvale Community Hospital in San Diego, CA. I respectfully request that you reconsider your decision based on the medical necessity of this test.

# **PATIENT INFORMATION**

My patient has a history of inflammatory bowel disease and is taking thiopurine medication. (List information relevant to the patient's symptoms, treatment and test results if applicable)

Patient: Jane Doe
ID: XXX123456789
Provider: Ulysses Grant, M.D.

Claim #: 111111
Date of service: July 4, 2005
Original Claim: \$270.00

Date of EOB: December 31, 2005

Explanation of Benefits (EOB):

- 1. Laboratory testing considered experimental
- 2. Out-of-network deductible rates applied
- 3. Laboratory services available through capitated laboratory
- 4. Laboratory testing not considered medically necessary (List information provided on the patient's insurance EOB)

#### **TEST DESCRIPTION**

PROMETHEUS™ Thiopurine Metabolites testing assists physicians in optimizing ongoing dosing of thiopurine immunosuppressant therapy to reach and maintain therapeutic goal. Thiopurine metabolite testing also helps to identify drug metabolite levels that may lead to toxicity and some of the reasons for treatment failure.

PROMETHEUS™ Thiopurine Metabolites is performed only at Prometheus Laboratories Inc., a clinical reference laboratory in San Diego, California. Prometheus is CLIA certified and CAP accredited. All laboratory tests have been validated in accordance with the guidelines established by these and other applicable agencies. Extensive studies have been performed. Currently, Food and Drug Administration (FDA) approval is not required for testing performed by Prometheus.

### **NETWORK PROVIDER SERVICES**

I chose Prometheus to perform PROMETHEUS™ Thiopurine Metabolites instead of alternative in-network laboratory testing because this test is proprietary to Prometheus and because of the information provided on their comprehensive report.

#### >AND/OR<

I ordered the testing and directed my patient to an in-network laboratory which does not offer PROMETHEUS™ Thiopurine Metabolites. I have made a good-faith attempt to follow insurance guidelines and was unaware of the referral to an out-of-network provider.

### LABORATORY AND PHYSICIAN INFORMATION

For additional information about the PROMETHEUS<sup>™</sup> Thiopurine Metabolites test contact Prometheus Laboratories Inc. at 1-888-423-5227. If you require additional medical information, please contact Dr. Grant at XXX-XXX-XXXX.

# **REFERENCE MATERIALS**

- Dubinsky M, et al. Pharmacogenomics and metabolite measurement for 6-mercaptopurine therapy in inflammatory bowel disease. Gastroenterology 2000;118:705-713
- Cuffari C, et al. Utilization of erythrocyte 6-thioguanine metabolite levels to optimize azathioprine therapy in patients with inflammatory bowel disease. *Gut.* 2001;48: 642-46
- Seidman E, Clinical use and practical application of TPMT enzyme and 6-mercaptopurine metabolite monitoring in IBD. Gastroenterol Disord. 2003;3 Suppl 1:S30-8
- Dubinsky M, et al. A Cost-Effective Analysis of Alternative Disease Management Strategies in Patients with Crohn's Disease Treated with Azathioprine or 6-Mercaptopurine. Am J Gastroenterol. 2005;100(10):2239-2247

Please approve full coverage for the PROMETHEUS™ Thiopurine Metabolites test or at least apply in-network benefit coverage for laboratory testing.

Thank you for your prompt attention. I look forward to receiving a written response from you within two weeks.

Sincerely,

Ulysses Grant, MD Sunnyvale Community Hospital 12345 Sunnyvale Road San Diego, CA 92121 XXX-XXX-XXXX